






MOTHER OF OUR REDEEMER CATHOLIC SCHOOL

February 2012

Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	
			1 Chicken Fricassee ¼ White Rice ¼ c. Garden Salad ¼ c. Fresh Fruits Milk	2 ¼ c. Mac/Cheese w/Ham ¼ c. Caesar Salad ¼ c. Fresh Fruits Milk	3 Turkey/Ham/Cheese Sandwich Chips ¼ c. Fresh Fruits Milk Popsicle	
	6 Lasagna ¼ c. Garden Salad ¼ c. Fresh Fruits Milk	7 Baked Chicken ¼ c. Garden Salad ¼ c. Fresh Fruits Whole Wheat Milk	8 Hamburger French Fries ¼ c. Fresh Fruits ¼ Jello Milk	9 ¼ Rice/Chicken ¼ Garden Salad ¼ Fresh Fruits Sweet Plantains Milk	10 Pizza Caesar Salad ¼ c. Fresh Fruits Juice	
	13 ¼ c. Bake Ziti ¼ c. Green Beans ¼ c. Fresh Fruits 1 sl. Bread Milk	14 Chicken Teriyaki/Rice ¼ c. Caesar Salad ¼ Jello Milk	15 Taco ¼ c. Garden Salad 1/4.c. Chips ¼ c. Fresh Fruits Milk	16 Beef/Baked Potatoes Sweet Plantains ¼ c. Jello Milk	17 Hot Dogs Chips ¼ c. Fresh Fruits Milk	
	20 No School in observation of President Day 	21 Spaghetti w/Meatballs ¼ c. Green Beans ¼ c. Fresh Fruits Juice	22 Chicken Tender ¼ c. Garden Salad ¼ c. Fresh Fruits French Fried Milk	23 Steak/Sandwich ¼ c. Fresh Fruits ¼ c. Garden Salad Soup Milk	24 ¼ c. Mac/Cheese ¼ c. Caesar Salad ¼ c. Fresh Fruits Milk	
	27 No School/Carnival Clean-up	28 Chicken Fajitas Garden Salad ¼ Jello Milk	29 ¼ Chinese Rice Egg Roll ¼ c. Caesar Salad Milk			

*Note: Substitutions may be made without notice on any day.

*Daily Substitution: Cheese/Turkey/Ham/ Sandwich